

## Instructions for Fastime SW3 Sports watch



Switching Modes: Press the Mode S3 button to choose the required display

Normal Time of Day mode: Shows hours minutes and seconds plus month and day.  
Press S1 to change between 12 and 24 hour mode.

Alarm mode: Press S3 until you reach the AL display.  
Press S1 to switch between alarm and chime or to turn the sound off.  
Press S2 to set the alarm. To change the flashing digits press S1  
Press S3 to return to Normal Time mode.  
Press S2 to set the alarm. To change the flashing digits press S1

Dual Time mode: Press S3 until you reach the DT display  
Press S1 to change between 12 and 24 hour mode.  
Press S2 to set the time of day/date. To change the flashing digits press S1

Press S3 to return to Normal Time mode.

Timer mode: Press S3 until you reach the TR display  
Press S2 to set the target time. To change the flashing digits press S1 When the target time is correct. Press S2 to finish.  
Press S1 to start the timer. When the timer counts down to zero an alarm sounds and the timer counts up.  
Press S1 to stop the timer. Press S2 to return to the target time.  
Press S3 to return to Normal Time mode.

Chrono (Stopwatch) mode: Press S3 until you reach the ST display  
Press S1 button to start/stop the stopwatch. Press the S2 button to reset the stopwatch. 1/100<sup>th</sup> sec stopwatch times mins/sec/1/100<sup>th</sup> sec to 59mins 59sec.  
Press S3 to return to Normal Time mode.

Normal Time setting mode: Press S3 until the seconds digits flash.  
Press S2 to set the time of day/date. To change the flashing digits press S1  
Press S3 to return to Normal Time mode.