

Fastime 9 instructions



Stopwatch operation: Press **C** to start stopwatch. Press **C** to stop stopwatch. Press **A** to reset stopwatch to 0.00

Event Timing

C - Start
C - Stop (time out)
C - Continue
C - Stop
A - Reset

Split Timing

Top display shows cumulative time to last split. **Middle** display shows previous split lap time. **Bottom** display shows the cumulative running time.

C - Start
A - Splits
C - Stop
A - Reset

Memory Recall:

Press **B** anytime to recall memory.

Press **B** each split time to show split times starting from the last split.

Each display shows the split number, the lap time and cumulative time, together with the current cumulative running time.

Press **B** to return to current running time.

To clear the memory, hold all 4 buttons at once. This will reset the watch as well.

Time of Day/Date Display:

Press **D** button to move to Time of Day/Date display.

To set time of day and date, press and hold **B** until digits flash.

Press **A** to choose digits to change. Press **C** to change the digits (hold for quick scroll.)

Press **D** to exit setting

Stroke Rate:

Press **D** button to move to stroke rate display.

Press **C** - the values on the display will decrease.

After **3** Strokes/frequencies have been observed, press **C** again.

The display will show the expected number of times that action will occur during **1** minute.

Email: info@astopwatch.co.uk

Call: +44(0)7483 134 796

FASTIME